

My 20 Teeth Have Important Jobs

Sung to the tune of "To, Market, To Market."

1, 2, 3, 4, 5, 6, 7
healthy teeth. *Repeat.*

8, 9, 10, 11, 12
chewing our food. *Repeat.*

13, 14, 15, 16
helping us talk. *Repeat.*

17, 18, 19, 20
with healthy, happy smiles. *Repeat.*



Baby Teeth, Baby Teeth

Baby teeth, baby teeth, chew and smile
Stay strong and healthy for a long,
long while

Baby teeth, baby teeth, brush and floss
Stay strong and clean every single day

Baby teeth, baby teeth, wiggle each way
Are you ready to come out today?

Count with me...

One, two, three, four, five, six!



If You're Happy and You Know It

If you're happy and you know it, clap your hands!

If you're happy and you know it, clap your hands!

If you're happy and you know it then your face will surely show it,

if you're happy and you know it, clap your hands!

If you're happy and you know it, show your teeth!

If you're happy and you know it, show your teeth!

If you're happy and you know it then your face will surely show it,

if you're happy and you know it, show your teeth!

If you're happy and you know it, brush your teeth!

If you're happy and you know it, brush your teeth!

If you're happy and you know it then your face will surely show it,

if you're happy and you know it, brush your teeth!

If you're happy and you know it, smile big!

If you're happy and you know it, smile big!

If you're happy and you know it then your face will surely show it,

if you're happy and you know it, smile big!



Three Tiny Cavity Germs

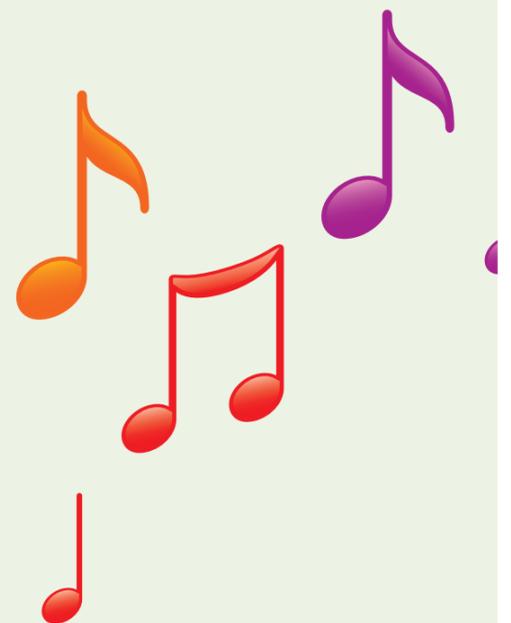
*Sung to the tune of "Five Green and Speckled Frogs."
Use hand motions to show numbers, brushing and germs falling away.*

**Three tiny cavity germs
Sticking to all my teeth.
Waiting for sweet and sticky treats.
Oh, no!
One got all brushed away,
It simply could not stay.
Now there are two tiny cavity germs.
Oh, no!**

**Two tiny cavity germs
Sticking to all my teeth.
Waiting for chips and apple juice.
Oh, no!
One got brushed away,
It simply could not stay.
Now there is one tiny cavity germ.
Oh, no!**

**One tiny cavity germ
Sticking to all my teeth,
Waiting for one more treat to eat.
Oh, no!
It's been brushed away,
It simply could not stay.
Now there are no more cavity germs.**

Yippee!



What Should I Drink Dear Children?

Sung to the tune of "There's a Hole in the Bucket, Dear Liza, Dear Liza."

What should I drink, dear
children, dear children,

What should I drink to keep
my teeth strong?

I better drink **WATER**, drink
WATER, drink **WATER**.

I better drink **WATER** to keep
my teeth strong.



Drinking Up the Water

Sung to the tune of "All the Fish Are Swimming in the Water."

_____ and _____ are drinking up the water,
drinking up the water, drinking up the
water.

_____ and _____ are drinking up the water,
gulp, gulp, gulp, gulp, Ahhhhh!

Let's pour some more!

All the little children are drinking up the
water, drinking up the water, drinking up
the water.

All the little children are drinking up the
water, gulp, gulp, gulp, gulp, Ahhhhhh!

There! We drank up all the water...

Let's go play!



Five Little Apples

Sung to the tune of "5 Little Monkeys Swinging in the Tree."

Once there were...

Five little apples high in a tree.

(Name of child) ate one apple
and said: "Hey, look at me!"

Four little apples high in a tree.

(Name of child) ate one apple and said: "Crunchy apple
just for me!"

Three little apples high in a tree.

(Name of child) ate one apple and said: "I'm as strong as I
can be!"

Two little apples high in a tree.

(Name of child) ate one apple and said: "Healthy, I am
going to be!"

One little apple high in a tree.

(Name of child) ate one apple and said: "This is good for
me, you see!"

No more apples up in the tree,

No more healthy apples for you or me!



Old MacDonald Had a Food Farm

Old MacDonald had a food farm,
E-I-E-I-O,

And on that farm he had some _____,
E-I-E-I-O,

With a _____, _____ here
and a _____, _____ there,

here a _____, there a _____,
everywhere a _____, _____.

Old MacDonald had a food farm,
E-I-E-I-O.



This Is the Way We Brush Our Teeth

Sung to the tune of "Here We Go Round the Mulberry Bush."

**This is the way we brush our teeth,
brush our teeth, brush our teeth.**

**This is the way we brush our teeth
so early in the morning!**



A Brushing We Will Go

Sung to the tune of "A Hunting We Will Go."

A brushing we will go, a brushing we will go.

My smile goes up, my smile goes down,

A brushing we will go.

A brushing we will go, a brushing we will go.

My smile goes up, my smile goes down,

A brushing we will go.

A brushing we will go, a brushing we will go.

My smile goes up, my smile goes down,

A brushing we will go.



It's Time To Brush Our Teeth

Sung to the tune of "She'll Be Coming Around the Mountain."

**It's time to brush your teeth with all your
friends,**

**It's time to brush your teeth with all your
friends,**

**It's time to brush your teeth, it's time to brush
your teeth, it's time to brush your teeth with
all your friends.**

It's time to use your toothbrush before bed,

It's time to use your toothbrush before bed,

**It's time to use your toothbrush, it's time to
use your toothbrush, it's time to use your
toothbrush before bed.**



Five Little Toothbrushes

Five little toothbrushes hanging in a row,
Red, orange, blue, green, and yellow.
Along comes Mommy to the bathroom door,
She brushes her teeth, and now there are four.

Four little toothbrushes hanging in a row,
Orange, blue, green, and yellow.
Along comes Daddy to look and see,
He brushes his teeth, and now there are three.

Three little toothbrushes hanging in a row,
Blue, green, and yellow.
Along comes brother, whose brush is blue,
He brushes his teeth, and now there are two.

Two little toothbrushes hanging in a row,
Green and yellow.
Along comes sister to join in the fun,
She brushes her teeth, and now there is one.

One little toothbrush hanging you can see,
One yellow toothbrush waiting for me.
Along comes ME putting toothpaste on,
I brush my teeth and the whole family is done!



The Dentist Is My Pal

Sung to the tune of "The Farmer in the Dell."

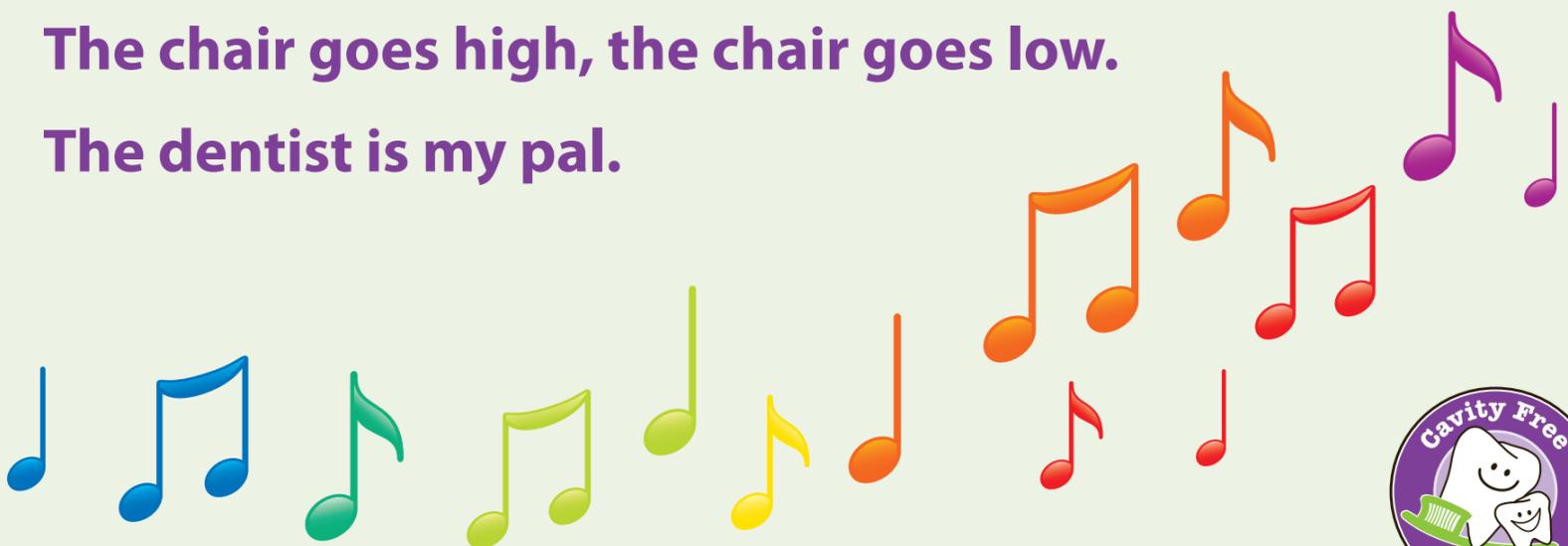
The dentist is my pal, the dentist is my pal,
The chair goes high, the chair goes low.
The dentist is my pal.

There is a waiting room, with lots of things to do,
Books and toys for girls and boys
Are waiting there for you. Oooohh!

The dentist is my pal, the dentist is my pal,
The chair goes high, the chair goes low.
The dentist is my pal.

They ask me to open wide, and then they look inside.
Carefully they check my teeth
And keep them healthy and bright. Ooohhh!

The dentist is my pal, the dentist is my pal,
The chair goes high, the chair goes low.
The dentist is my pal.



Going to the Dentist

Sung to the tune of "Ring Around the Rosie."

**Going to the dentist, going to the
dentist,**

My turn! My turn! Let's sit down!

**Getting my teeth cleaned, getting my
teeth cleaned,**

My turn! My turn! Open big!



Down at the Dentist

Sung to the tune of "Down at the Station."

**Down at the dentist early
in the morning,**

**I meet the receptionist in
the waiting room.**

**Next I meet the hygienist
who takes me to the big
chair.**

**Hello dentist, I'm here for
healthy teeth!**

