

Flossing is Fun!

Did you know?

- When your child's teeth touch, it's important to begin flossing.
- Flossing removes germs and food stuck between teeth that may cause cavities.
- You should floss your child's teeth daily.



Take the Healthy Mouth Challenge!

I will:

- Find a comfortable position for my child and me and practice flossing his teeth.
- Sing a song while flossing.
- Make flossing a part of my child's daily routine.

