

# Get Ready to Visit the Dentist!

## Talk Together

**What are some things that might happen during a visit to the dentist?**

*Your child might respond:*

- Count and check all of my teeth.
- Clean my teeth.
- Paint fluoride varnish (like a special vitamin) on my teeth to keep them strong and healthy.
- Take pictures of my teeth, called x-rays.



**The dentist can stop small cavities from getting big by treating them early.** That's why going to the dentist needs to be an important part of taking care of your child's health!

## Take the Healthy Mouth Challenge!

**I will:**

- Schedule treatment appointment that my child needs.
- Talk with my child's teacher if I feel nervous about taking my child to the dentist.
- Use the "Let's Get Ready to Go to the Dentist" checklist.

