## First Dental Visit by First Tooth or First Birthday

## Did you know?

- Infants should have their teeth checked by their first tooth or first birthday.
- The first visit may be done by a dentist or a medical provider.
- It is important to get regular checkups because changes in your child's mouth can happen quickly.



## Take the Healthy Mouth Challenge!

## I will:

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- Schedule my baby's first visit with a dentist or medical provider.
- Put a reminder note on my calendar to schedule my baby's first dental visit. (Set the reminder note about 1 month in advance!)





Schedule my child's first dental visit.