

# Dental Care During Pregnancy Is Safe and Important

## Did you know?

- Moms with untreated tooth decay and gum infections can pass cavity-causing germs to their babies through kissing, sharing utensils, and putting baby's pacifier in their mouths.
- Dental visits during pregnancy are safe and important.
- You want to have a cavity free mouth when kissing baby. Go ahead—kiss your baby!



## Take the Healthy Mouth Challenge!

### I will:

- Find a dentist through the resource list or ask a friend.
- Schedule a dental appointment.
- If needed, follow up with treatment appointments.

